



Work Values Inventory

Personal Reflection



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Personal Reflection

The exercises on the following pages are for your personal reflection.

Conscious and Unconscious Values

The values showdown you completed has highlighted your conscious and unconscious values. Please take the time to write some notes in answer to the following questions.

What surprised you about the difference in the lists?

What was different to what you expected?

How did you feel about the changes and has it affected your view of yourself? If it has, how?

Toward Values – Your Top Five

Toward Value 1:

How do you define this value?

How do you know when you have this value at work? What do you need to see, hear and feel?

How does this value motivate you at work?

Toward Value 2:

How do you define this value?

How do you know when you have this value at work? What do you need to see, hear and feel?

How does this value motivate you at work?

Toward Value 3:

How do you define this value?

How do you know when you have this value at work? What do you need to see, hear and feel?

How does this value motivate you at work?

Toward Value 4:

How do you define this value?

How do you know when you have this value at work? What do you need to see, hear and feel?

How does this value motivate you at work?

Toward Value 5:

How do you define this value?

How do you know when you have this value at work? What do you need to see, hear and feel?

How does this value motivate you at work?

Away Values – Your Top Five

Away Value 1:

How do you define this value?

How do you know when you have this value at work? What do you need to see, hear and feel?

How does avoiding this value motivate you at work?

Away Value 2:

How do you define this value?

How do you know when you have this value at work? What do you need to see, hear and feel?

How does avoiding this value motivate you at work?

Away Value 3:

How do you define this value?

How do you know when you have this value at work? What do you need to see, hear and feel?

How does avoiding this value motivate you at work?

Away Value 4:

How do you define this value?

How do you know when you have this value at work? What do you need to see, hear and feel?

How does avoiding this value motivate you at work?

Away Value 5:**How do you define this value?****How do you know when you have this value at work? What do you need to see, hear and feel?****How does avoiding this value motivate you at work?**